

The Illuminated Leader Within

“BEING” the Creator of Your Life, From the Inside



Led by, Karin Sokel & Beth Wolfson, MS

This retreat will change you from the inside out, teaching cutting edge knowledge and personal practice into the neuroscience of evolutionary change and leadership. Held at world renowned, Miraval Resort in Tucson, you will be nurtured in an environment that honors Mindfulness and Well-Being. During our days together, you will learn how to break self-defeating habits, create coherent states within yourself to make desired change in your life and in the world.

“One of the World’s Best Places to Stay”

- Condé Nast Traveler, Gold List 2012

Your Package Includes

- Breaking the Habit of Being Yourself Program, Led by Karin Sokel & Beth Wolfson
- Luxurious, casita-style accommodations
- All healthful and flavorful meals, snacks, smoothies and non-alcoholic beverages
- A \$150 nightly resort credit, per person, per night to spend on select services
- Unlimited access to regularly scheduled daily self-discovery activities.
- Roundtrip transfers to/from Tucson International Airport
- Follow up BHBV Coaching Program, “30 Days to Genius”

How to Book Your Stay

Special Group Rates:

October 28 – November 1, 2013

5 Days/4 Nights **Deluxe Guestroom Rates**

\$3,460 per room, single occupancy

\$2,915 per person, double occupancy

*The rates quoted above are inclusive of tax and resort amenity fee

The NON-REFUNDABLE 2 night deposit is due by July 26, 2013

To register, please call Miraval directly at 800.232.3969. Be sure to mention

The Illuminated Leader Within or refer to group booking id #1791

